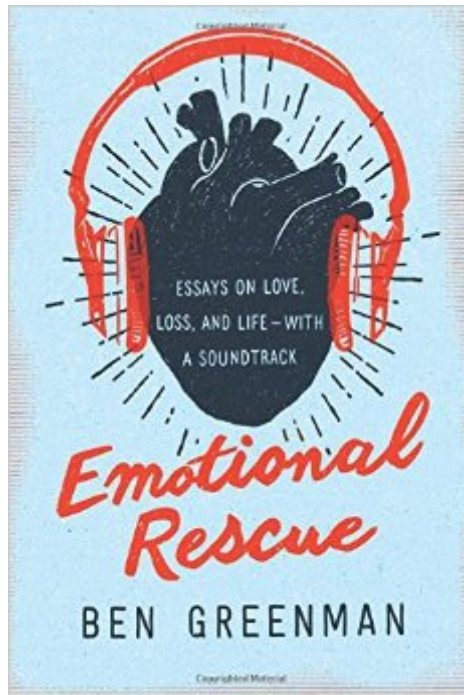


The book was found

# Emotional Rescue: Essays On Love, Loss, And Life--With A Soundtrack



## Synopsis

What songs have made up your life's soundtrack? Which have captured your every mood and deepest sentiments? Pop music, like no other form of entertainment or art, is capable of articulating our feelings, desires, joy, and pain. In a few soul-grabbing minutes, artists from every genre—from Little Richard to Lou Reed, Willie Nelson to Wu-Tang Clan, Sly and the Family Stone to the Rolling Stones—can help us understand our place in our own lives. This collection of short, sharp essays by New York Times bestselling author Ben Greenman (*Mo'Nasty*), organized around a thematic playlist of songs, serves as a reminder of the lyrical power of songwriting and the sonic ability of pop to capture the human experience. Greenman's wit, insight, and honesty are as sweet and satisfying as the hits (and the deep cuts) at the center of each essay.

## Book Information

Paperback: 248 pages

Publisher: Little A (August 1, 2016)

Language: English

ISBN-10: 1503934977

ISBN-13: 978-1503934979

Product Dimensions: 5.5 x 1 x 8.2 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 2.7 out of 5 stars [See all reviews](#) (126 customer reviews)

Best Sellers Rank: #873,058 in Books (See Top 100 in Books) #224 in [Books > Arts & Photography > Music > Musical Genres > Soul](#) #331 in [Books > Business & Money > Industries > Performing Arts](#) #722 in [Books > Self-Help > Emotions](#)

## Customer Reviews

I love a good memoir and I'm always complaining that very few Kindle First books are non-fiction. So I opted for this one, even though music has never been a big deal for me. I'm puzzled that there's no "Look Inside" feature for this book, since all the other selections let you take a test drive. It's true that Kindle First books are free to Prime members, but only one. If you choose unwisely, you can't get a different one. This is the LAST time I will ever opt for a Kindle First book which doesn't have the free sample. Although not a great music lover, I know how evocative music can be. I can hear a song from my youth and remember where I was when I listened to it and who I was with. As Hoagy Carmichael said, "The melody haunts my reverie...." Only Hoagy didn't say that. He was a composer and he wrote the tinny-but-haunting melody of "Stardust" and a man named

Mitchell Parish (had to look it up) wrote the lyrics. What has always been meaningful to me is the music, not the lyrics. To be honest, I never bother to decipher the words of songs. I'm frequently surprised to stumble onto a reference to written lyrics and find that I had it all wrong. "You can jump back into my bed" turns out to have been "You can eat crackers in my bed." Not exactly a life-changing idea either way, is it? But this author is a big music fan and seems to have figured out how to make a living at it. More power to him. As he points out, modern "streaming" and such means that no longer are we limited to what's on an album or tape. We can now flit like butterflies and hop from one singer or group to another. And he knows ALL the lyrics and finds common ground among various songs and applies them to life situations.

[Download to continue reading...](#)

Emotional Rescue: Essays on Love, Loss, and Life--With a Soundtrack  
A Real Emotional Girl: A Memoir of Love and Loss  
Awake: the Life of Yogananda - Music from the Original Soundtrack  
Weight Loss for People Who Feel Too Much: A 4-Step, 8-Week Plan to Finally Lose the Weight,  
Manage Emotional Eating, and Find Your Fabulous Self  
Planes: Fire & Rescue (Disney Planes: Fire & Rescue) (Little Golden Book)  
Planes: Fire & Rescue (Disney Planes: Fire & Rescue) (Big Golden Book)  
Aloha: Love, Suite Love/Fixed by Love/Game of Love/It All Adds Up to Love (Inspirational Romance Collection)  
Love's Unending Legacy/Love's Unfolding Dream/Love Takes Wing/Love Finds a Home (Love Comes Softly Series 5-8)  
Pride and Prejudice: Music from the Motion Picture Soundtrack (Easy Piano)  
We Gotta Get Out of This Place: The Soundtrack of the Vietnam War (Culture, Politics, and the Cold War)  
The Theory of Everything: Music from the Motion Picture Soundtrack (Easy Piano)  
Frozen: Music from the Motion Picture Soundtrack (Easy Piano) (Easy Piano Songbook)  
Pride & Prejudice: Music from the Motion Picture Soundtrack  
Minecraft -- Volume Alpha: Sheet Music Selections from the Video Game Soundtrack (Piano Solos)  
Frozen: Music from the Motion Picture Soundtrack (Piano/Vocal/Guitar) (Piano, Vocal, Guitar Songbook)  
Tangled: Music from the Motion Picture Soundtrack (Easy Piano)  
Where the Wind Leads: A Refugee Family's Miraculous Story of Loss, Rescue, and Redemption  
Mid-Life Career Rescue (Employ Yourself): How to change careers, confidently leave a job you hate, and start living a life you love, before it's too late  
Forever Fat Loss: Escape the Low Calorie and Low Carb Diet Traps and Achieve Effortless and Permanent Fat Loss by Working with Your Biology Instead of Against It  
Two Best Sellers Book Bundle: Weight Loss, Addiction and Detox Series! (Enhanced Edition): 'Weight Loss by Quitting Sugar and Carb!'  
'Dash Diet: Heart Health, High Blood Pressure, Cholesterol'

[Dmca](#)